MYDELHI

ALLERGEN INFORMATION & DIETARY GUIDE

Food Standards Agency
food.gov.uk

FOOD HYGIENE RATING
0 1 2 3 4 5
VERY GOOD

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ALLERGEN GUIDE

This guide has been prepared to help our diners know what allergenic ingredients are contained in each of our dishes. The allergenic ingredients in this guide are in accordance with the EU Food Information for Consumer Regulation (EU FIC).

Whilst we do our utmost to provide meals for all allergy sufferers unfortunately it is not always possible to make a version of every dish on the menu that will be suitable for every allergy sufferer.

If you have an allergy which is not listed or if you are unsure whether we can cater for your needs please contact the restaurant to discuss your requirements. To help allergy sufferers and those with food intolerances we have produced a detailed sheet giving details of which of the 14 most common allergens are in each dish we produce.

The following allergens are present as raw ingredients in the kitchen:

- **celery**
- **cereals containing gluten** – including wheat (such as spelt and Khorasan), rye, barley and oats
- **crustaceans** – such as prawns, crabs and lobsters
- **eggs**
- **fish**
- **lupin**
- **milk**
- **molluscs** – such as mussels and oysters
- **mustard**
- **tree nuts** – including almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts
- **peanuts**
- **sesame seeds**
- **soybeans**
- **sulphur dioxide and sulphites** (if they are at a concentration of more than ten parts per million)

Whilst we make every effort to prevent cross contamination of allergens there is always the possibility cross contamination may occur. Some fish dishes may contain bones.

Our kitchen is now nut free and all of our dishes are prepared without the use of nuts and peanuts. However, some of the products we procure are prepared in an environment where nuts and peanuts, and derivatives of it are used on site.

MYDELHI

ITTY BITTY NIBBLES

	VEGETARIAN	VEGAN	GLUTEN	DAIRY	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
GOL GAPPA		✓	✓												✓	✓
PAPADAM		✓													✓	
MINT YOGHURT	✓			✓												
CHUTNEY 420			✓												✓	✓
SWEET CHILLI		✓												✓		
MY DELHI SPECIAL	✓		✓				✓				✓				✓	
MANGO AND ROASTED GARLIC															✓	✓

STREET PLATES

	VEGETARIAN	VEGAN	GLUTEN	DAIRY	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
ALOO TIKKI CHAAT	✓			✓											✓	✓
SAMOSA CHAAT	✓		✓	✓											✓	✓
ONION BHAJI		✓													✓	
AMRITSARI FISH			✓					✓							✓	✓
CHEF GOMEZ' CROQUETTES			✓	✓			✓								✓	
CHANA BHATURA	✓		✓	✓											✓	✓
CHILLI CHICKEN			✓	✓	✓		✓								✓	
CRISPY FRIED MOMOS			✓	✓											✓	
CAULIFLOWER MANCHURIAN		✓	✓		✓										✓	
MUSHROOM 54		✓	✓											✓	✓	

TANDOORI STREET PLATES

	VEGETARIAN	VEGAN	GLUTEN	DAIRY	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
DELHI CHICKEN TIKKA				✓											✓	✓
AFGHANI KEBAB				✓												
CREAMY MALAI TIKKA				✓											✓	✓
PANEER TIKKA	✓			✓											✓	✓
SPICY LAMB CHOPS			✓	✓											✓	✓
DELHI WALA GRILL			✓	✓											✓	✓
TANDOORI SOYA CHAAP	✓		✓	✓											✓	✓

ROADSIDE STALL

	VEGETARIAN	VEGAN	GLUTEN	DAIRY	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
THE EMPEROR'S STEW				✓											✓	✓
RAILWAY STATION LAMB CURRY				✓							✓				✓	✓
DELHI KADHAI GOSHT															✓	✓
BUTTER CHICKEN 1950S				✓											✓	✓
PUNJABI DHABA CHICKEN															✓	✓
KOZI CURRY				✓							✓				✓	✓
SOUTH INDIAN FISH CURRY				✓				✓			✓				✓	✓
GRANDMA'S ALOO MATAR		✓													✓	✓
DAAL MAKHANI	✓			✓											✓	
DAAL TARKA		✓													✓	✓
DILLI PANEER BUTTER MASALA	✓			✓											✓	✓
LUCKNOW'S ROYAL CHICKEN BIRYANI				✓											✓	✓
HARAPPA SMOKED AUBERGINES		✓													✓	✓

SIDEKICKS

	VEGETARIAN	VEGAN	GLUTEN	DAIRY	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
DUM PILAU RICE		✓													✓	
CHACHA CHIPS		✓													✓	
MASALA LACCHA PARATHA			✓	✓											✓	
PLAIN NAAN	✓		✓	✓											✓	
GARLIC NAAN	✓		✓	✓											✓	
GARLIC CHILLI NAAN	✓		✓	✓											✓	
CHEESE NAAN	✓		✓	✓											✓	
PESHWARI NAAN	✓		✓	✓											✓	
TANDOORI ROTI		✓	✓												✓	
INDIAN SALAD		✓														
LASUNI RAITA	✓			✓											✓	

LITTLE BOSS

	VEGETARIAN	VEGAN	GLUTEN	DAIRY	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
CHICKEN NUGGETS WITH CHIPS			✓	✓	✓		✓								✓	
CREAMY MALAI TIKKA				✓											✓	✓
FISH FINGERS AND CHIPS			✓	✓			✓	✓							✓	✓

SWEET THINGS

	VEGETARIAN	VEGAN	GLUTEN	DAIRY	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
CHEFS GULABJAMUN (3)	✓		✓	✓											✓	
CHEFS GULABJAMUN ICE CREAM	✓		✓	✓											✓	✓
MANGO KULFI	✓			✓												
CHOCOLATE CARAMEL FUDGE MOUNTAIN	✓		✓	✓			✓									
MASALA CHAI	✓		✓	✓												
MANGO LASSI	✓			✓												

CONCESSION

		VEGETARIAN	VEGAN	GLUTEN	DAIRY	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
POUTINE	BUTTER CHICKEN				✓											✓	
	BUTTER MASALA	✓			✓											✓	
CURRY BOWL	BUTTER CHICKEN 1950S				✓											✓	
	RAILWAY STATION LAMB CURRY				✓							✓				✓	
	GRANDMA'S ALOO MATAR		✓													✓	
BURGERS	CRISPY CHICKEN 65			✓	✓			✓				✓					
	BOMBAY BURGER	✓		✓	✓			✓				✓					
	SMASHED CHAPLI			✓	✓			✓				✓					✓
NAANZA	CHICKEN TIKKA			✓	✓			✓				✓				✓	
	PANEER TIKKA	✓		✓	✓			✓				✓				✓	
	EASY CHEESY	✓		✓	✓			✓				✓					
TANDOORI	CHICKEN TIKKA				✓											✓	
	PANEER TIKKA	✓			✓											✓	
SIDEKICKS	FRIES		✓														
	CHACHA CHIPS		✓													✓	
	ONION BHAJI		✓													✓	
	VEGETABLE SAMOSA		✓	✓													
SAUCES	MINT MAYO	✓						✓				✓					
	DELHI GARLIC MAYO	✓						✓				✓					
	SWEET CHILLI		✓														
	CHUTNEY 420	✓		✓												✓	✓
LITTLE BOSS	PIZZA PAV & CHIPS	✓		✓	✓			✓									
	CHICKEN NUGGETS & CHIPS			✓	✓												✓

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